

UNIVERSITY HOSPITAL
☐ SHAUGHNESSY ☒ UBC

SUMMARY OF HOSPITAL ADMISSION

CAO, FENG

0196329

DR HARRIS, J G
29 JAN 59 M 33 YRS
PHN 9120140136
92-07649
P2E1 P2E 20 JAN 93

ADMISSION DATE <i>Jan 20-93</i>	DISCHARGE DATE <i>Feb 12-93</i>	LENGTH OF STAY <i>23</i>
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DISCHARGE STATUS: ALIVE <input checked="" type="checkbox"/> DIED <input type="checkbox"/>	NO <input type="checkbox"/> AUTOPSY: YES <input type="checkbox"/>	CORONERS <input type="checkbox"/>	DIED > 48 HRS. <input type="checkbox"/> < 48 HRS. <input type="checkbox"/>	CODES <i>03</i>
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MOST RESPONSIBLE DIAGNOSIS (The ONE diagnosis responsible for greatest portion of hospital stay)

1.

Delusional Disorder

297.1

OTHER DIAGNOSES INFLUENCING LENGTH OF STAY

2.

3.

4.

5.

COMPLICATING CONDITIONS ARISING DURING HOSPITALIZATION

1.

2.

3.

OTHER PRESENT CONDITIONS THAT DID NOT SIGNIFICANTLY AFFECT LOS (Secondary DX)

1.

2.

3.

INFECTIONS PRE-ADMISSION ☐ NON-OPERATIVE ☐ POST-OPERATIVE ☐

SPECIFY

ORGANISM IF KNOWN

DATE	OPERATIONS AND PROCEDURES	SURGEON	ANESTHETIC

DISCHARGE SUMMARY (For patients in hospital under 72 hours)

8
PR-11
REF: VGH

THE UNDERSIGNED CONFIRMS ALL ORDERS FOR TREATMENT CONTAINED IN THE WITHIN DOCTOR'S ORDER SHEET, WHETHER SIGNED OR NOT, AND THE DISCHARGE OF THE PATIENT ON THE DATE SHOWN ABOVE.

SIGNATURE OF RESIDENT

SIGNATURE OF ATTENDING PHYSICIAN

DR HARRIS, J G

29 JAN 59 M 33 YRS

PHN 9120140136

92-07649

PZEP Feng Gao . 20 JAN 93

HISTORY AND PROGRESS NOTES

DATE: 20/1/93

DATE TIME

Admission holding note:

20/1/93 20; Dr Feng Gao is a 33 year old Canadian citizen of Chinese origin.

HPI; Transferred to 2E from PAU after being picked up by Vancouver police for trespassing at CBC downtown. He was acting on a persistent delusion that his former employees had falsified documents concerning his behavior while employed @ USC, as well as the belief that the Mulroney Government was corrupt, a deliberately sabotaged the referendum.

He was recently admitted Nov 30/1992 2-west, for the same delusional beliefs, after making harassing phone calls to colleagues + the CBC. The diagnosis of a Paranoid delusional disorder was made; obsessive/compulsive personality traits were noted. He was tx w Haldol, cogentin @ lorazepam. During his stay he went AWOL on 2 occasions returning to his apartment to continue his phone calls. He was Rx'd on 10mg Haldol hs, cogentin @ lorazepam 0.5mg qhs. as well as plans for out patient followup w Dr Remick.

Since Discharge he stopped taking his meds after 1 week

as "they made him sleepy". He continued to act on his delusional beliefs, resulting in his recent confrontation with the police. He states that he tried to contact Dr Remick but he wouldn't return his call.

Currently he admits that most of his actions were likely delusions. He states he does not believe the Mulroney Government is conspiring against him. He believes he was wrongfully dismissed from the University, but feels that his lawsuit is the best approach to dealing with this.

He attributes his "New enlightenment" to the Haldol which was restarted & to his police experience & CRC's refusal to see him. He denies any visual, auditory hallucinations, any thought disorders, or suicidal or homicidal ideations.

He was dressed in hospital pajamas, and appeared well groomed. He appeared very anxious and despite my assurances he insists that he "is better now & only wants to go home". He states that he will not leave without a Dr's permission & has been advised of the consequences of doing so.

- ① Persistent Delusional Disorder,
- ② Admit 2E - Dr Harris. Level II restart Haldol / Ativan.

Dr DGBAYAMA to see @ 17:50.

Dr Harris to see on Friday.

Neil Ar
Barbar MS1
DO Dr Harris

LAO, FENG

0196329

DR HARRIS, J G

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PHN 9120140136

P2-07649

DATE P2E

20 JAN 93

HISTORY AND PROGRESS NOTES

DATE	TIME	
Jan 20/93		<p>33 y.o. professor of Computing Science admitted as a transfer from the VGH PAU today. He was taken to the VGH by the police after he presented at the CBC TV station with a request for interview. This led to PAU admission on Jan 18/93. At the CBC, he insisted on being granted an interview to expose the conspiracy that Mulroney was involved in. He thinks that Mulroney intentionally exhausted Bourassa, who was recovering from cancer treatment, so that Bourassa gave in to demands. He now says that he no longer believes this to be true. At the station, he was asked to leave or be charged, he preferred to be charged because of the importance of his task i.e. exposing Mulroney.</p> <p>Dr Feng Gao was discharged from here in late Dec '92 after a brief hospitalization. At the time, he had apparently threatened a coworker, accused the boss - head of dept of conspiracy against him. After discharge on Halden with</p>

Appt to see Dr Rernick, it seems that he stopped his meds and did not see Dr Rernick.

He has very limited social support in Vancouver, elderly parents live in China, he has a sister in New York. He was laid off in June '92 when his contract was not renewed. No previous psychiatric hospitalization before Dec '92.

He is certified. No substance abuse. Mst young male, alert, able to express self, quite argumentative, circumstantial excited but not euphoric or aggressive. Not agitated. No other mannerisms. Speech and language &c OK. Affect is flat stable, not depressed or suicidal.

No hallucinations but admitted to chip on his false conclusions - delusions. No bizarreness but, logic is idiosyncratic. Judgment & reality testing are impaired. No Cognitive impairment.

Imp Paranoid Disorder of schizophrenia

Plan Keep on Haloper

Psychological therapy

Needs to be adequately treated

this time since he is unlikely to comply.

Dr. Abougar

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Jan 20/93 ADMISSION NOTES

General Info. Dr. Feng Gao is a 33 year old, single, Chinese professor of Computer Science. He is currently unemployed & lives alone in Vancouver. Has seen Dr. Rennie in the past. He is perturbed & insists on being discharged.

CC: Paranoid delusions about his former employer (Head of Computer Science) and Brian Mulroney.

HPI: admitted as a Transfer Pt. fr VGH-PACU. Dr. Gao was taken to VGH by the RCMP on Jan. 18/93 after refusing to leave CBC-TV station Jan. 14/93 (spent 2 days at police station & 2 days in jail). Went to CBC (for the 2nd time) in an attempt to obtain an interview to express his views concerning Brian Mulroney's corruption in the Referendum and the "trickery" his former employer used to prevent Dr. Gao from getting a long term job position. Dr. Gao ~~was~~ ^{felt} so strongly about these delusions that he refused to leave CBC-TV ~~after~~ ^{despite} being warned that he will be arrested & charged w/ assault & trespassing if he doesn't leave. Dr. Gao believed that ^{at the Charlottetown Conference} Brian Mulroney purposely exhausted Robert Bourassa (who was suffering from skin cancer & thus prone to exhaustion) to a state in

which Bourassa was not aware that Mulroney stole Bourassa's papers ^{which stated} ~~at representing~~ the demands of the province of Quebec. ^{He no longer believes this is true.} Dr. Gao believes that his former employer provided false information regarding the available positions for long term employment in an attempt to prevent Dr. Gao from obtaining one of these positions. This particular belief has led him to file a law suit against UBC + the RCMP.

Current income fr. pension + medical UIC

He has been unemployed since July /92. He started seeing Dr. Remick in mid Mar '92 because of the stress he was experiencing from negotiating for a long term position w his boss. Dr. Remick prescribed sleeping pills (Ativan) + no other medications.

His only other psychiatric admission was ^{to this hospital} ~~here~~ on Nov. 30/92. He was admitted for the same delusional beliefs + making harassing phone calls to his colleagues + CBC-TV. He was diagnosed w delusional disorder - persecutory type + avoidant, schizoid + obsessive personality traits. During his stay he went AWOL x 2 to his ~~appt~~ home to make ^{more} harassing phone calls. He was discharged Dec 21/92 after the Review Panel made the decision that Dr. Gao could ~~not~~ ^{no longer} be detained. His discharge medications were ^{a 1mo. supply of} Haloperidol 10mg b.i.d., Lorazepam 0.5mg qhs, benztrapine 1mg p.o. b.i.d. It was recommended that Dr. Gao see Dr. Remick for outpatient follow-up. He said he ~~called~~ ^{called} Dr. Remick's office but his call was never returned. He stopped taking his medications 1 wk after he was discharged.

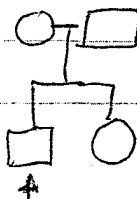
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Past Psychiatric Hx: ϕ Psychiatric Review of Systems: ϕ and, m.s. hallucinations
 ϕ mania
 ϕ depressionFamily Hx:

- no psychiatric illnesses in family
- parents live in China - father - professor of philosophy
- mother - retired high school teacher
- sister studying in New York (Chemistry) (literature)
- father has heart condition.

Past Personal Hx

Mr. Gao was born & raised in China. He said he argued with his father a lot as a child. The arguments subsided as he grew older. He describes his childhood as otherwise normal. He says he has a tendency to speak out & voice his opinions, but did not get into arguments with classmates or his teachers. In 1982, he went to the U.S. for graduate studies & obtained his PhD in 1988. He then came to Canada. He is not currently involved in a relationship.

Medical & Surgical Hx: appendectomy (10 yrs ago)
tonsillectomy

Allergies: penicillin

Habits: - Social drinker
- ϕ smoke
- ϕ recreational drugs

MSE: Mr. Bao was dressed in hospital pyjamas and appeared well groomed. He appeared his stated age. He was alert, responsive & maintained good eye contact. Accessibility & rapport were good. His speech & vocabulary were normal. His affect was ϕ /i normal range. He states "he feels good - good enough to go home". He was quite insistent about wanting to be discharged. But said he would not leave ϕ the Dr's permission. He denies any auditory, visual hallucinations, thought disorders or suicidal or homicidal tendencies. He no longer believes that Mulsony is corrupt. No cognitive impairment. Judgment & insight impaired. He feels he is well enough to go home.

Physical Exam

- anxious throughout exam
- kept asking "Is everything ok?"

Vitals: BP 120/95 sitting @ + (R) arm; HR 80 + regular
RR 20 + regular

HEENT: PERL, ϕ neck masses, acne

CHEST: clear to auscultation

CVS: S1, S2 @; ϕ S3, S4, ϕ murmurs
pulses @; ϕ peripheral edema

ABD: ϕ hepatosplenomegaly; scars fr. appendectomy

CNS: reflexes & CN intact.

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Multiaxial DX

Axis I: Paranoid Delusional Disorder

Axis II: ?

Axis III: none known

Axis IV: -

Axis V: -

Plan: - admit PT (certified)

- continue tx & current medications

- Haloperidol

- Lorazepam

- Benztropine

Julia Harris
MED III
J Harris

Jan 22/93

Supervisor's Note

Reviewed pgs 8 & 9. At present, he says he will drop the CBC business, & just pursue his lawsuit. Also states he no longer believes Brian Mulroney is involved in his case. However, he spent last a month out of hospital, & he was

acting on his delusions in a manner which got the police involved again. Also, a ^{fixed} delusion, it will take more than a few days of Halibut to resolve this. Therefore, I suspect he is covering over his delusions. The plan, therefore, is to keep him in hospital, on neuroleptics, & try to deal to his denial.

J. Harris

Jan 25/95.

Doing well. He is reviewing all his past actions & assumptions, & now admits he was making faulty assumptions. This almost sounds too good to be true. Got him the need for more time, to let the medication work, to help prevent this from recurring. He sort of agreed, but quickly pushed for immediate discharge. We compromised, I will put him up to level 4, ~~but~~ & will let him have a pass to go home & organize himself.

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However, I will not decertify; at least til after the pass to monau.

Harris

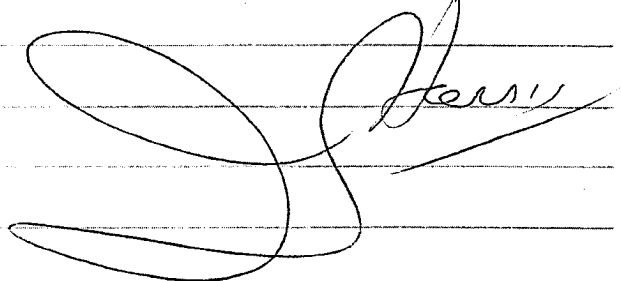
Jan 26/93

Feng was allowed out on pass, to go home, to pay some bills & to get other clothes. Soon after leaving the ward, we received a call from the police, that he was at CBC creating a disturbance. In other words, in spite of telling us he realized that going to CBC was a mistake, & assuring us he was no longer contemplating doing that, his actions were totally at odds to his words. As such, we will NOT decertify him at present, will reduce his level to 1B, & carry on to Halden.

Harris

Feb 1/93

No change in status. Asking for discharge today. On close questioning he still talks of "the urge to go to the CBC." - He would not state what he hoped to accomplish there, but it clearly revolved around his delusions. I brought up the possibility of injectable neuroleptics for longterm follow-up, but he said he preferred oral meds, "because I have more control." I told him, this means he is planning on discontinuing his meds soon after discharge, although he denies that. - For now, will stay in hosp. + on meds. - I will A to Level 4.

 J. Harris

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HISTORY AND PROGRESS NOTES

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Feb 3/93 - Review dictated for Review...
Panel hearing, Feb 8/93.
- Still compliant & meds in hospital.

J Harris

Feb 8/93 - Feng was given a weekend pass. This was the clear understanding that he would go to CBC. He agreed to this, & stated there was no reason for him to go there. We had a call from Mr Lawrence Wright, Security Services at CBC - 662-6049, who stated Feng showed up there at around 5 PM Friday - i.e. he must have gone directly to CBC from hospital as soon as he was out on his pass. He also turned up at CBC Sunday evening, 7:00 PM & could not leave, even though asked to until the police came & escorted him off the premises. In other words, in spite of saying he no longer believed his delusions, which led to his

admission, his actions indicate he still holds to the belief that he needs to have an I/V @ CSC "the national network" to deal with his troubles at UBC, & one suspects he still believes the national government is somehow involved.

If Dr Geo is identified, I am sure he will discharge himself from hosp, will very soon after that discontinue his medications, & any gains we have made will be lost. He will then become more delusional & increase his homebound CBC. The inceptions at CBC is already quite frightened by his behavior.

Jan 15

Feb 9/93.

- The Review Panel hearing was cancelled - hope to reconvene later this week. Will reduce bed to 5 for now.

Jan 15

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HISTORY AND PROGRESS NOTES

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Feb 16/93 - Yesterday, Feng was almost begging for a pass, to prove he could stay away from CBC. As the review panel will re-convene in a few days, I felt anything he needed to do outside could be looked after once his status was clarified - either by a pass then, or on his own if he is discharged. Later yesterday, I received a call from CBC Security, stating Feng was there, & would not leave until the police were again called. In other words, he left hospital, but - to go to CBC. This again shows the extent to which he is driven by his delusional beliefs, & needs to keep harassing CBC for an interview. As he cannot live with the responsibility of Level 4, will reduce him to Level 3.

Harris

for 10/15/97 Pt was presented at Review Panel today. The Panel has decided that he is not certifiable. He is thus a Voluntary patient. He has now asked to be discharged.
① Being discharged today
↑ on Holdol Stop yrs + content.
↑ 00' x 4500.

Ch. Asbury.

REVIEW PANEL HEARING REPORT

PATIENT NAME: GAO, Feng

D.O.B. 29 Jan 1959

ATTENDING PHYSICIAN: Dr. J.G. Harris

DICTATED BY:

MED. REC. #: 196329

P2E

SIGNATURE


J.G. Harris, M.D., FRCPC

COPIES TO: Dr. J.G. Harris

Dr. Gao was admitted to University Hospital - UBC Site on January 20, 1993, on a transfer from VGH PAU. He was admitted there on January 18, 1993. He had been discharged from Ward West 2 UBC around the end of December, after being decertified via a review panel. He had been in hospital approximately one month because of his delusional disorder and his acting on these delusions.

Since February 1992 Dr. Gao who had been employed at UBC in the Computer Science Department on a 3-year contract, but did not have his contract renewed. Apparently, there was some negotiation and he did get a one-year extension. However, he felt he had been unfairly treated as they did not tell him about the full-time position which he felt he could have applied for. Since this time, February 1992, he has become increasingly convinced that the head of the department somehow framed him, set out false evidence against him, and these beliefs extended quite a bit to the point where he felt that Prime Minister Brian Mulroney was somehow involved and there was a large conspiracy out. He felt to deal with this, he had to get to CBC and make them give him an interview and air this publicly, and somehow this would change things for him. He then began a campaign of pestering CBC to the point where they eventually phoned the police because of this continual harassment and their concern that he might become violent in his insistence on being interviewed. This led to the first hospitalization.

He was treated with Haldol and Cogentin. He eventually was given his release after a hearing of the review panel. He did take Haldol for approximately one week, but then he stopped taking the medication even though I believe before discharge, he did say he would take medication.

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In less than a month of being discharged from hospital, he was once again at the CBC building, very insistent and persistent to the point where once again the police were called and he did in fact spend some time in jail. Criminal charges were dropped on the understanding that he would be taken to hospital and treated for his ongoing delusional disorder.

When in PAU, he was once again started on Haloperidol 10 mg h.s. He was transferred to UBC on January 20, as mentioned.

Since his hospitalization here, he has continued to take medications. We have decreased the Haldol to 7.5 mg with the view to decreasing it further to 5 mg in the near future.

While in hospital, Dr. Gao has been cooperative with medications and he has not tried to leave the hospital against medical advice. He did say, fairly soon after discharge, that he was thinking differently about the whole situation, felt that there was not any point in going to CBC, and did say that possibly he was mistaken in some of his assumption about what the head of the Computer Science Division was doing. On the basis of his stated compliance, he was given a pass to go home as he only was dressed in a business suit and this was readily inappropriate for being in hospital. Further, he was concerned about some bills which were mounting and he felt he needed to take care of these.

Within an hour of being out on this pass, the ward received a phone call from the Vancouver City Police stating that Dr. Gao had gone straight to the CBC building and was creating a disturbance there, once again insisting on being interviewed to talk about the conspiracy theory. He was brought back to hospital.

The next day on interviewing, he kind of shrugged and dismissed the whole thing, and once again said that he had changed his thinking and he was not really thinking about pursuing this and he was fit for discharge. There was the ongoing situation of his needing to take care of some business, so it was arranged to give him a pass with accompaniment so that he in fact would not go to CBC and act out on his delusions which were obviously still present in spite of his statement 100% to the contrary. Even with accompaniment, Dr. Gao went to CBC once again on this pass, although he did at least go home first to get some other clothes.

It is evident then, by his actions, that Dr. Gao is in fact still believing in his conspiracy theory and is prepared to act on it. It is also clear that he is telling us contrary things to what he is in fact believing. Therefore, we cannot trust what his words say. We will have to go by his actions. The other thing that we will have to go by is our general medical knowledge that it takes 3-6 months for fixed delusions to respond to antipsychotic

PATIENT NAME: GAO, Feng

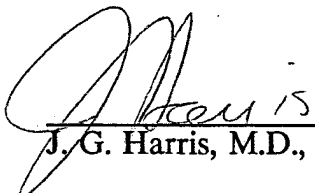
MED. REC. #: 196329

medications. Therefore, I would suggest that Dr. Gao be kept in hospital for at least another month, preferably two, so that we can be assured that he will stay on medication and the medication then will have enough time to work on the delusional system. If he is discharged now, the chances are, I am sure overwhelming, that he will very shortly stop his medication and he will quickly revert back to a full-blown delusional state and start acting on these. At the very least, he will destroy any chance he has for an ongoing career in academia; however, there also is the possibility that as he gets more frantic in his belief of his delusion, that he in fact will revert to violence. It would seem that the people at CBC were somewhat concerned about his behavior and it may have escalated even more if the police had not been called. Therefore, it is recommended that this man should stay in hospital to be monitored with medications.

JGH/gdk/8

d: 3 Feb 93

t: 4 Feb 93

DISCHARGE REPORT**PATIENT NAME:** GAO, Feng**MED. REC. #:** 196329**D.O.B.** 29 Jan 1959**ATTENDING PHYSICIAN:** Dr. J. G. Harris**SIGNATURE**
J. G. Harris, M.D., F.R.C.P.(C)**COPIES TO:** Dr. J. G. Harris**ADMISSION DATE:** 20 Jan 1993**DISCHARGE DATE:** 12 Feb 1993**ADMITTING DIAGNOSIS:** Delusional Disorder.**DISCHARGE DIAGNOSIS:** Same.**HPI:**

This is a 33-year-old single male who was admitted to University Hospital UBC Site about one month after being discharged from Ward West 2 with a similar problem. He had been working at U.B.C. as a professor in the Computer Sciences Department. He had a three year contract. When this terminated, he entered into discussions for ongoing employment. He felt he was given misleading information, and because of this, signed a one-year extension rather than getting on as a permanent employee of the university. He has become so fixated on his belief that he was plotted against and treated poorly that this has progressed now to a very systematized and elaborate delusional system.

It is unclear as to the full extent of it as he is quite guarded when talking about it, but he has made reference to the government and Brian Mulroney being involved in a plot against him. Because of this, he felt he had to go to CBC Television (specifically CBC because it was the national network) and have an interview which would alert the nation to these dangers that were going on around him. He became very persistent and in fact harrassed the staff at CBC and threatened to the receptionist there. He has had the police called a number of times to remove him from the premises.

This led to his first admission to the hospital. He was certified, but allowed out on a review panel as they felt he was not dangerous. One month after that discharge, he continued with his harrassment at CBC and once again, he was arrested. This time, he

PATIENT NAME: GAO, Feng

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spent several days in jail. When seen by a psychiatrist there, they felt that he should be treated in the hospital instead of having charges pressed, and he was taken to VGH PAU. He was diagnosed as having a delusional disorder and started on Haloperidol, and transferred to University Hospital UBC Site. As soon as he was in-hospital, he applied for a review panel once again.

MENTAL STATUS ON ADMISSION:

He appeared a 33-year-old Chinese male dressed in hospital pajamas and well-groomed although he was very anxious and kept insisting that he was "better now" and that he should be allowed to go home. He acknowledged some difficulty with the university, but he said that he no longer felt the need to talk to CBC, and he did not feel Brian Mulroney was involved in any conspiracy. His affect was anxious and mood seemed to be anxious, but other than that, he was certainly not depressed and there was no suicidal intent.

COURSE IN-HOSPITAL:

The course in-hospital was marked by the patient stating that he no longer had these delusional beliefs, that he was planning to go home, and that he would follow up with medications. Whenever he had an opportunity when put out on pass, he went straight to CBC and continued to harrass them. He did this on at least three occasions while on pass, even when supervised, and he left the hospital against medical advice and went to CBC when he was ostensibly just out on the university campus. It was clear that although he stated he was better, he was still suffering from his delusional disorder and felt pressed to follow through and act on it by harrassing CBC. We attempted to negotiate with him to outline how he would end up destroying his career if not getting into more serious trouble if he continued to persist on these delusions, and it was in his own best interest that he stay in-hospital and on medications. However, he insisted on going ahead with the review panel. At the review panel hearing, they felt he was not certifiable. He was changed to voluntary status, and he immediately discharged himself.

FOLLOW-UP ARRANGEMENTS:

He had seen Dr. Remick in the past, and was advised to get in touch with him. Whether he will in fact make arrangements to do this and whether he will stay on medications, we will have to wait and see.

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RECOMMENDATIONS:

If he persists in harrassing CBC and again comes to the attention of the police, I would suggest that there is no point in certifying him and treating him in-hospital. His treatment will take at least three to six months' duration, and we only have a one-month mandate at any given time with certification, and it becomes a charade to keep going through this mock treatment of one month at a time, then releasing him on review panel hearing. If he creates a disturbance at CBC, I would suggest that they going ahead and press charges and that he be dealt with through the legal system where they may in fact have a handle on him to continue in treatment.

JGH/jmr/4

d: 23 Feb 93

t: 24 Feb 93